

2019 "The Status of Our Vitals"

2019 Community Forums Discussion Questions

- 1. Which of the topics discussed today is the MOST important that we need to address?
 - a. Why is it most important?
- 2. What resources are lacking in your community?
- 3. For you personally,
 - a. What would help improve the quality of your life?
 - b. For you personally, what resources would help you to live a healthier life?