



2018 Annual Report

San Bernardino County

2015-2020 Community Transformation Plan



CREATING A CULTURE OF HEALTH

INTRODUCTION

Since the release of the 2015 San Bernardino County Community Transformation Plan (CTP), Community Vital Signs (Vital Signs) has worked collectively with partners to improve the health of San Bernardino County residents over the next 20 years.

To achieve improved health outcomes, Vital Signs is guided by the principles of equity to address health disparities which population within the county of San Bernardino. Vital Signs has continued to prioritize factors beyond the traditional scope of public health and understands that a broad approach must be used to address root causes that reside within socio-economic and physical environments.

The CTP includes goals, indicators to measure success, and crosscutting strategies for addressing the health priority areas of: (1) Education, (2) Economy, (3) Access to Health and Wellness (including: Access to Healthcare, Behavioral Health, and Healthy Behaviors), and (4) Safety (including: Community and School Safety).

The activities through the collaborative efforts of the Community Vital Signs Initiative are reflected within this 2018 Annual Report. This report highlights key accomplishments that contribute to the advancement of the goals of the Community Transformation Plan and covers implementation activities from January 2018 to December 2018. We invite you to review this annual report and the hard work completed by Vital Signs partners to transform San Bernardino County into a healthier place to live, work, learn, and play.



MESSAGE FROM THE VITAL SIGNS STEERING COMMITTEE CO-CHAIRS

Dear Friends,

We are pleased to present the 2018 Community Transformation Plan Annual Report.

Vital Signs partners have been hard at work leading a countywide effort in implementing the goals and strategies from the 2015-2020 Community Transformation Plan (CTP) over the past year. The CTP provides a roadmap for how our partners and the community will work together to create opportunities to transform San Bernardino County into a healthier place to live, work, learn and play. This Report demonstrates how the Vital Signs Initiative is collectively working together to make improved health outcomes a reality for all, including the most vulnerable residents of our county.

Our Vital Signs partners are making a positive difference by addressing upstream factors and social determinants that influence health outcomes. As disease and illnesses become more chronic, healthcare costs continue to rise with no immediate sign of this trend abating. Tackling chronic disease now requires sustainable long-term solutions that focus on root causes outside the walls of traditional clinical settings. The Vital Signs Initiative provides a health improvement framework for supporting these efforts.

We invite you to view the wellness activities and progress our partners have engaged in this past year and that it serves as a useful tool as you work with your communities and organizations to transform San Bernardino County into a healthier place to live.

*“An ounce of prevention is
worth a pound of cure.”*

BENJAMIN FRANKLIN



MAXWELL OHIKHUARE, CO-CHAIR
SAN BERNARDINO COUNTY
DEPARTMENT OF PUBLIC HEALTH



BARBARA ALEJANDRE, CO-CHAIR
SAN BERNARDINO COUNTY
SUPERINTENDENT OF SCHOOLS

ACKNOWLEDGMENTS

Community Vital Signs Steering Committee

Barbara Alejandre	San Bernardino County Superintendent of Schools
Dr. Juan Carlos Belliard	Loma Linda University Health
Jackie Combs	Morongo Basin Healthcare District
Jason Cordova	Inland Empire Economic Partnership
Shannon Dicus	San Bernardino County Sheriff's
Marina Espinosa	San Bernardino County Department of Behavioral Health
Dr. Jay Fiene	California State University San Bernardino
Diana Fox	Reach Out
Mike Gallo	Kelly Space and Technology
Peggi Hazlett	Ontario Chamber of Commerce
George Lamb	Faith Advisory Council for Community Transformation
Josh Lee	San Bernardino County Transportation Authority
Kevin Mahany	St Joseph Health/St. Mary
Kathleen McDonnell	Dignity Health
Dr. Maxwell Ohikhuare	San Bernardino County Public Health
Keven Porter	Hospital Association of Southern California
Scott Rigsby	San Bernardino County Public Health
Dr. Deanna Stover	Community Health Association Inland Southern Region
Elidia Valencia De Cardenas	Community Liaison
Dr. Monica Wilson	San Bernardino County Behavioral Health Commission





Community Vital Signs Implementation Committee

California State University, San Bernardino
Community Health Association Inland Southern
Region
Dignity Health
Faith Advisory Council for Community
Transformation
First Five San Bernardino
Hope through Housing
Hospital Association of Southern California
Inland Empire Economic Partnership
Inland Empire Health Plan
Kelly Space & Technology
Loma Linda University Health
Molina Healthcare
National CORE
Ontario Chamber of Commerce
Partners for Better Health
Reach Out
Revive Our Old Town – Victorville
San Bernardino County Department of Behavioral
Health

San Bernardino County Behavioral Health
Commission
San Bernardino County Department of Public Health
San Bernardino County Economic Development
Agency
San Bernardino Council of Governments
San Bernardino County Preschool Services
Department
San Bernardino County Sheriff's Department
San Bernardino County Superintendent of Schools
San Bernardino County Transportation Authority
San Bernardino County Workforce Development
Board
St. Joseph/ St. Mary Medical Center
Young Visionaries Youth Leadership Academy

OUR

4



PRIORITY AREAS

OUR HEALTH PRIORITIES

EDUCATION

Goal 1:

Increase high school graduation rates

Objectives:

- Increase high school graduation rates
- Increase the percentage of students who are proficient readers by 3rd grade

Goal 2:

Increase post secondary education attainment rates

Objectives:

- Increase the percentage of adults who have a Bachelor's degree or higher
- Increase the percentage of adults who enter or complete college, and/or workforce training with 21st century skills

ECONOMY

Goal 1:

Decrease the percentage of families living in poverty

Objectives:

- Decrease the percentage of individuals living in poverty
- Decrease the percentage of children (under 18 years) living in poverty
- Increase industry Employment by Sector

Goal 2:

Increase access to safe and affordable housing

Objectives:

- Decrease the number of homeless individuals
- Decrease the percentage of residents who spend more than 30% of their income on housing

ACCESS TO HEALTH & WELLNESS

Goal 1:

Increase the percent of residents who have and regularly access a usual source of care

Objectives:

- Increase the percentage of residents who have a usual source of care
- Increase the percentage of residents with health insurance coverage
- Decrease the percentage of residents who delayed or did not get medical care in the past year

Goal 2:

Increase behavioral health awareness

Objectives:

- Decrease the percentage of 7th graders who reported feeling sad and hopeless every day for two weeks or more that they stopped doing some usual activities

ACCESS TO HEALTH & WELLNESS

Goal 3:

Increase access to behavioral health services

Objectives:

- Increase the rate of residents accessing behavioral health services under the Department of Behavioral Health safety net systems, Medi-Cal managed care (IEHP, Molina), and commercial insurance

Goal 5:

Decrease the prevalence and increase the management of chronic diseases (including diabetes, obesity, and cardiovascular disease)

Objectives:

- Decrease the percentage of the adult population ever diagnosed with diabetes
- Decrease the percentage of adults ever diagnosed with high blood pressure
- Decrease the hospitalization rate for cardiovascular disease (heart disease)
- Decrease the percentage of obese adults
- Decrease the percentage of teens, age 12-17 that are overweight/obese

Goal 4:

Reduce the misuse and abuse of alcohol, prescription, and other drugs in the community

Objectives:

- Decrease the percentage of youth (21 and under) who misused alcohol or other drugs in the past year

Goal 6:

Increase the number of residents engaged in active living activities

Objectives:

- Increase the percentage of teens (12-17) who meet the CDC recommendation of 1 hour or more of daily physical activity
- Increase the number of bike trails

SAFETY

Goal 1:

Reduce the crime rate across San Bernardino County

Objectives:

- Decrease the crime rate per capita
- Decrease the number of gang members
- Increase positive relationships between residents and Police/Fire Departments
- Decrease juvenile crime rates

Goal 2:

Improve the crime rate across San Bernardino County

Objectives:

- Increase the percentage of 9th grade students who reported feeling safe or very safe at school

Action Planning Workgroups based on feasibility, effectiveness and resources available between 2016-2017.

CTP 2015-2020 DATA DASHBOARDS

Highlights from the 2018 review of key data indicators for each CTP Priority Area as compared to the baseline values published in the CTP 2015-2020 is provided within the following pages. The 2020 target value is what, in the year 2020, we hope to see for the most recent data year available.

*Indicator sources can be found in the 2017 Addendum, Appendix C: Indicator Data.

County trend indicator icons are colored based on **GREEN** (good progress being made toward objective), **YELLOW** (slow progress being made toward objective) and **RED** (stagnation or movement in the opposite direction of the objective).

In addition, progress toward meeting CTP goals and strategies as well as key partners/responsible organizations are provided.








EDUCATION

There is much evidence linking educational attainment and high school graduation rates to improved health outcomes.

Data Dashboard

Education Objectives	HP 2020	CTP Baseline Data	Current San Bernardino County Data	2018 Target (5% improve)	2020 Target (10% improve)	County Trend
Increase high school graduation rates	82%	78.6% (2012-13)	83.4% (2017-18)	82.5%	86.5%	2018 Target Met 
Increase percentage of students who are proficient readers by 3rd grade*	NA	31.0% (2014-15)	43.0% (2018)	32.6%	34.1%	2018 Target Met 
Increase percentage of adults who have a Bachelor's degree or higher	NA	19.1% (2013)	20.5% (2017)	20.1%	21.0%	2018 Target Met 



ECONOMY

Economic factors including poverty, employment opportunities and affordable housing influence access to health care and health outcomes.

Data Dashboard

Economy Objectives	HP 2020	CTP Baseline Data	Current San Bernardino County Data	2018 Target (5% improve)	2020 Target (10% improve)	County Trend
Decrease the percentage of individuals living in poverty	NA	19.1% (2013)	16.2% (2017)	18.1%	17.2%	2020 Target Met
Decrease the percentage of children (under 18 years) living in poverty	NA	26.6% (2013)	23% (2017)	25.3%	23.9%	2020 Target Met
Decrease the number of homeless individuals	NA	2,321 (2013)	2,118 (2018)	2,205	2,089	2018 Target Met
Decrease the percentage of residents who spent more than 30% of their income on housing	NA	44.6% (2013)	41.3% (2017)	42.4%	40.1%	2018 Target Met








NA: Not Available, HP2020: Healthy People 2020
*This indicator was not available at the time the CTP was published.



ACCESS TO HEALTH & WELLNESS

Access to Health and Wellness affects many aspects of the health outcomes affecting San Bernardino residents.

Data Dashboard



Access to Health & Wellness Objectives	HP 2020	CTP Baseline Data	Current San Bernardino County Data	2018 Target (5% improve)	2020 Target (10% improve)	County Trend
Increase the percentage of residents who have a usual source of care	95%	83.7% (2011)	83.5% (2017)	87.9%	92.1%	No Target Met 
Increase the percentage of residents with health insurance coverage	100%	81% (2013)	92.4% (2017)	85.1%	89.1%	2020 Target Met 
Decrease the percentage of residents who delayed or did not get medical care	4%	10.6% (2012)	9.8% (2017)	10.1%	9.5%	2018 Target Met 
Decrease the percentage of the adult population ever diagnosed with diabetes	NA	11.1% (2011)	14.6% (2017)	10.5%	10.0%	No Target Met 
Decrease the percentage of adults ever diagnosed with high blood pressure+	26.9%	31.3% (2011)	29.7% (2017)	29.7%	28.2%	No Change 
Decrease the hospitalization rate for cardiovascular disease+	NA	92.7 (2012)	119.2 (2017)	88.1	83.4	No Target Met 
Decrease the percentage of obese adults	26.9%	33.5% (2011)	29.2% (2017)	31.8%	30.2%	2020 Target Met 
Increase the percentage of teens (12-17) who meet the CDC recommendation of 1 hour or more daily physical activity	20%	19% (2009)	NA	NA	NA	Indicator Under Review
Increase the amount of bike trails (Class I-III)*	NA	504 (2015)	504 (2015)	529	554	Baseline data serves as current data until source updates data



SAFETY

Healthy and safe environments allow people to access resources and make healthy choices.

Data Dashboard

Safety Objectives	HP 2020	CTP Baseline Data	Current San Bernardino County Data	2018 Target (5% improve)	2020 Target (10% improve)	County Trend
Decrease the crime rate ⁺	NA	31.6% (2010)	29.0% (2017)	30.0	28.4	2018 Target Met 
Decrease the number of gang members	NA	17,401 (2011)	15,000 (2017)	16,531	15,661	2020 Target Met 
Increase positive relationships between residents and Police/Fire Departments	NA	NA	NA	NA	NA	Indicator Under Development
Decrease juvenile crime rate*	NA	12.3 (2010)	7.9 (2015)	11.7	11.1	2020 Target Met 
Increase the percentage of 9th grade students who reported feeling safe or very safe at school	NA	50%	NA	52.5%	55%	Indicator Under Development

NA: Not Available, HP2020: Healthy People 2020

*This indicator was not available at the time the CTP was published.

+The baseline date presented in the CTP for this indicator was incorrect and has been updated to the correct value.

OUR VITAL SIGNS PARTNERS ARE THE HEROES!

2018 was a year of continued progress, milestones, and accomplishments for the Vital Signs Initiative. Working together with diverse systems, sectors, and partners, Vital Signs participated in collaborative efforts that sought improvements to the health of the residents within our county, while emphasizing the need for whole person care interventions that achieve the goals and objectives from the CTP.

A key goal of the Vital Signs initiative is to develop a health improvement framework for San Bernardino County that aligns with the Countywide Vision. This could not be accomplished without the significant contributions of our partners and their various organizations.

All Vital Signs partners adhere to the shared values of the initiative. Our partners are determined to achieve the overall goal of improved health for all San Bernardino County residents.

Vital Signs partners are fortified with superhero levels of GRREATness! And as such they exemplify the following qualities:

GALLANT - They are bold change agents and recognized leaders in their communities. Through their strategic influence and advocacy they seek to address the consequential effects of health inequities within our county.

RESPONSIBLE - They are taking steps to regularly track the impact of their actions and interventions, and periodically share their results and findings through reports and publications.

RESOLUTE - They are adamant about doing the best they can to get the job done.

EMPATHETIC - They display levels of awareness from cultural competencies to mental health considerations, and are sympathetic to the needs of their community members by taking time to listen.

ADOPTIVE - They are seeking creative and innovative solutions to complex issues to accomplish activities that change systems; and enhance policies that support and create a culture of health.

TENACIOUS - They are realistic and understand that some upstream measures take time but still maintain fidelity to a vision and to processes that ensure efforts are sustainable and lead to action.

Our 2018 Annual Report highlights activities our partners are engaged in within each of our Priority Areas of Education, Economy, Access to Health and Wellness, and Safety, to improve the health and wellbeing of our county's residents.



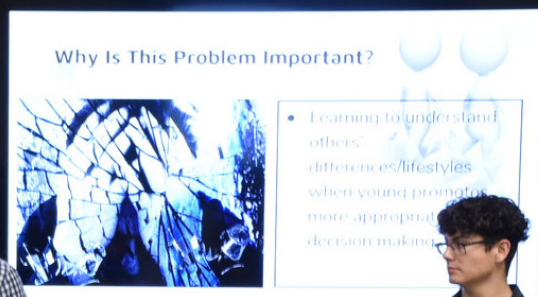


OUR PARTNERS

Education

Goal: Increase the number of residents engaged in active living activities

Strategy: Consider the development of community resident groups (to increase parent, consumer, and youth involvement) to inform health policy and practices



WEST END / EAST VALLEY REGION

STUDENT ADVISORY PANEL

2017-2018

San Bernardino County Superintendent of Schools, in collaboration with school districts and private schools, facilitated the fourth annual Student Advisory Panel. The focus of the Student Advisory Panel is to engage student voice on the issues that impact our communities and schools. During the 2018 Student Advisory Panel, students discussed San Bernardino County's Community Vital Signs Transformation Plan 2015-2020 that was developed through countywide regional stakeholder meetings.

The San Bernardino County Community Vital Signs Initiative is an integral part of the Wellness element of the Countywide Vision. The transformation plan offers a common understanding of key health issues San Bernardino residents face and how factors like the economy, education, safety and health care access affects the overall health, well-being and quality of life in San Bernardino County.

Over 190 students representing 48 high schools across 17 school districts participated in the Student Advisory Panels regional convening for the Desert/Mountain and West End/East Valley regions.

Students worked in teams to prioritize immediate needs and actions based on the transformation plan. Students selected a short term goal from the transformation plan and identified and explored solutions in alignment with the goal. After identifying the specific

short-term goal that they felt the most passionate about for offering solutions, students collaborated in groups to develop presentations in the areas of economy, education, safety and health and wellness. The culmination of student efforts was realized in the final presentations to the community where student groups presented to an audience that included a panel of state and local officials,



DESERT / MOUNTAIN REGION

or their representatives, Community Vital Signs Steering Committee Members, district superintendents, school board officials and other key county administrators. These panelists provide insight and feedback to students based on their experience with civic engagement and current programs. The experience was equally beneficial to the panelists as they gained student perspective and insight on priority issues impacting the vitality of the communities they serve.



OUR PARTNERS

Economy



Goal: Decrease the percentage of families living in poverty across the county

Strategy: Identify opportunities to prepare students to enter the economic workforce in fields necessary for the local economy

IHPC: Demonstrating an Impact as Large as the Inland Empire Itself

The Inland Health Professions Coalition (IHPC) is a division of Reach Out. Based in Upland California, Reach Out is a Non-Profit Organization with a mission to strengthen communities by bringing people together to solve the Inland Empire's toughest issues: breaking barriers to educational achievement, expanding economic opportunities and creating safe, healthy, and innovative communities.

IHPC works with industry partners, health educators, and community stakeholders to address the need for a highly skilled and culturally competent health workforce. In 2017/2018, IHPC developed over 120 community partnerships provided work-based learning opportunities to 7,735 students.

Preparing the youth of today to become the future health professionals the Inland Empire needs requires a unique program design. IHPC promotes and offers work-based learning (WBL) opportunities, also known as experiential learning, to health career pathway students where they can apply classroom education to the external environment. Over the past year, students from middle school through college participated in structured learning activities with various healthcare professionals and in a variety of professional settings. In total, students received over 44,749 hours of work-based learning opportunities where they interacted directly with industry professionals to increase career awareness, explore career options, develop technical skill, and gain a better understanding of a particular field.

Of special note is the annual Health Professions Conference where in 2018, 740 students attended a one day professional conference at a local university. For many students this may have been their first time on a college campus, let alone an attendee at a professional conference. Through this conference, students learn about local resources and opportunities by attending three career workshops and visiting vendor tables throughout the day. Students end their day with a motivating closing session and to help them feeling inspired and confident in their journey toward a career in healthcare.

LIFE (Learning Inspired Field Experience), is an internship program developed by IHPC to provide students with a structured on-site job shadowing opportunity. During the 2017/2018 academic year, 141 students completed a meaningful internship in a health related field. The students were exposed to the day-to-day operations, procedures, and patient care at partnering facilities. To ensure a positive experience for both students and providers, students receive an extensive pre-

training on basic patient privacy, safety, and worksite professionalism. In fact, 93% of LIFE students surveyed felt strongly that the program better prepared them to enter the world of work and 95% of LIFE students felt strongly that the program better prepared them to further pursue a career in health professions!

To address the shortages of mental health providers and the stigma surrounding mental health, the Moving in New Directions (MIND) program is a student focused mental health and career awareness program that provides training, school-based activities, and mental health career awareness. MIND promotes a move toward openness and away from the stigma surrounding mental health, while also exposing and preparing students to enter the field of mental health. Through this program students received behavioral health trainings such as suicide prevention, and cultural competency. Additionally, the first National Alliance for the Mentally Ill (NAMI) clubs were established on high school campuses in both Riverside and San Bernardino Counties.





OUR PARTNERS

Access to Health & Wellness

Goal: Increase the percentage of residents who have a regular source of care

Strategy: Encourage and integrate use of Community Health Workers



Community Health Worker Silvia Ortega

Community Health Workers

Loma Linda University Health, Medical Center and Children's Hospital are now employing community health workers (CHWs) in an effort to broaden the organizations' scope of services and create links to strengthen community-based disease prevention and treatment.

Healthcare organizations like Loma Linda University Health are increasingly recognizing the need for CHWs as an integral part of complex healthcare teams. CHWs complement conventional medical care by helping to address patient's basic health needs — allowing clinicians to focus more on clinical services.

Silvia Ortega, recent Promotores Academy clinic-based community health worker graduate, is passionate about working within her community to help expectant mothers and families become healthier; physically, mentally and spiritually.

"The education I received at San Manuel College Promotores Academy has allowed me to serve my community in ways I could have never anticipated," Ortega says.

In December, Ortega was among 14 students that became the first clinic-based community health worker graduates of San Manuel Gateway College.

"We believe that education and workforce development will be the most effective public health intervention in our region," says Juan Carlos Belliard, PhD, MPH, assistant vice

president for community partnerships and Community Vital Signs Steering Committee member. "We are committed as an institution and a community to putting our best efforts behind this upstream approach to whole-person care."

"We believe that education and workforce development will be the most effective public health intervention in our region."



OUR PARTNERS

Safety

Healthy and safe environments allow people to access resources and make healthy choices they might not otherwise be able to make. People living in unsafe neighborhoods tend to have fewer options for active transportation or open spaces to be active, limiting their ability to participate in healthy behaviors. Additionally, victims of violence are at an increased risk of depression, substance abuse, anxiety, and suicidal behavior, according to the World Health Organization's "World Report on Violence and Health".

The San Bernardino County Reentry Collaborative consists of a partnership of agencies, organizations and individuals committed to making our communities safer through the successful reentry and long-term success of the formerly incarcerated. The ongoing commitment of the Reentry Collaborative is to build and provide collaborative, evidenced-based problem solving strategies that address systemic challenges leading to safer communities in San Bernardino County.

Goal: Reduce the crime rate across San Bernardino County

Strategy: Identify countywide opportunities to expand and enhance support services for the reentry population

Reentry Collaborative

The San Bernardino County Community Vital Signs and the San Bernardino County Reentry Collaborative have established a partnership to address and support the formerly incarcerated population. In an effort to reduce crime rates across San Bernardino County, Community Vital Signs and the Reentry Collaborative have identified countywide opportunities to restore support services for the reentry population, promote and increase partnerships between faith and community-based organizations, promote healthy relationships by improving access to positive parenting education and identifying opportunities to support and engage at-risk youth.

The Reentry Collaborative provides funding to various community and faith-based organizations to provide seamless services including mental health, substance use, transportation, peer advocacy and employment services to formerly incarcerated individuals and their families. The partnership

between the Reentry Collaborative and Community Vital Signs brings focus to the programs and services needed to implement best practices and reduce recidivism; strengthen "first responders" by providing community and faith-based organizations with the expertise and infrastructure to self-sustain; establish a framework to provide services in an efficient and cost effective manner; identify new stake holders; and strengthen existing partnerships to address the public health, public safety and social concerns related to the reentry population.

The partnership between the Reentry Collaborative and Vital Signs represents the County's ongoing commitment to build and provide collaborative, evidence-based problem solving strategies that address successful reentry and long-term success of the formerly incarcerated while improving county health outcomes.



VITAL SIGNS PARTNER ORGANIZATIONS

The Intersection Initiative

The work of Vital Signs members, partner organizations, and others is ongoing to address the goals and strategies from the San Bernardino County Transformation plan. San Bernardino County has an opportunity to develop a shared vision for change including a common understanding of key health issues and how social factors such as the economy, education, and safety impact health issues and vice versa.

Working and partnering with different organizations and initiatives such as the Intersection Initiative is integral to this effort as we align our priority area goals and resources for collective impact as we seek to bring about transformative change within our county.



The Intersections Initiative is a broad based coalition made up of diverse partners with the mission of improving health and advancing health equity in high desert communities. The goal of Intersections is to address community determinants of health with a key focus on Education, Economic Development, and Housing.

Strategies for these target regions include:

Strengthening community, parent and student engagement in local school systems to ensure improved education outcomes and support equitable resource distribution.

- Identify organizational practices in the Local Control and Accountability Plans (LCAPs) to promote health equity
- Build local wealth through Economic Development and Development Plans
- Work with local initiatives to connect youth to career pathway programs
- Promote existing job opportunities
- Improve access to affordable and safe housing
- Work with local cities to invest and support wrap around services for people experiencing homelessness

Partners for the Intersections initiative are community-based organizations who have direct insight on the needs of the most vulnerable high desert populations. Partners include Abundant Living, CASA, and Citizens for a Safer Community, CommunityVitalSigns, Desert Mountain Children's Center, El Sol Neighborhood Educational Center,

High Desert Community Coalition, Family Assistance Program, First District Supervisors Office, Healthy High Desert, High Desert Homeless Shelter, Revive Our Old Town, San Bernardino County Superintendent's Office, St. Mary's Hospital and Victor Valley Family Resource Center

Intersections Initiative is funded by St. Joseph Health Community Partnership Fund across CA SJH hospitals with Prevention Institute and Global Institute for Public Strategies as local consultants with prevention and policy expertise. The Intersections Initiative meets every month in Victorville, California.



COMMUNITY VITAL SIGNS 2018 REVIEW

Initiative Updates

Kicked-off the 2018 Community Health Assessment (CHA) Project Update.

Reconvened the Vital Signs Data Committee to collect, share, and update health indicators.

Launched planning for the 2019 Community Vital Signs community engagement meetings.

Established strategy alignment from the Community Transformation Plan with the San Bernardino County Reentry Collaborative.

Established alignment with the High Desert Intersections Community Initiative

Participated as panelists in the San Bernardino County Superintendent of Schools 2018 Student Advisory Panel across the county.

Presented at the 2018 National Innovative Communities Conference and facilitated a Safety Plenary Panel Discussion between faith-based organization and law and justice agencies.

Surveyed NICC Conference attendees on Law Enforcement Perceptions.

Presented at the 2018 Riverside County Reentry Conference.

Presented and surveyed school administrators, teachers and staff at the 2018 Southern Region Student Wellness Conference.

The background image shows a paved path in a park. On the left, there is a large, ornate stone planter with a green vine climbing up it. The path is made of reddish-brown bricks and leads towards a yellow, abstract sculpture in the distance. Trees and foliage are visible on the left and right sides of the path.

Programmatic Updates

Vital Signs completed the redesign of the new Vital Signs website! The site is live now. You may view the site now if you wish at **CommunityVitalSigns.org**.

The Vital Signs Implementation Committee continues to meet bimonthly for sharing and monitoring progress on the implementation of the Community Transformation Plan.

Actions plans were created specifically for each of the four priority areas: Education, Economy, Access to Health and Wellness, and Safety.

ASSOCIATION OF COMMUNITY HEALTH IMPROVEMENT 2018 NATIONAL CONFERENCE

In March 2018 Vital Signs staff attended the Association of Community Health Improvement National Conference (ACHI) in Atlanta. The focus was on inspiring attendees to “Be the Bridge”. This event was attended by more than 650 health care and public health professionals from all over the United States.

The opening plenary began with discussions centered on hospital and community collaboration. This discussion was moderated by Cynthia Washington, Interim President and CEO of the Institute for Diversity and Health Equity and the American Hospital Association. The 3 panelists were Jay Bhatt, President and CEO of Health Research Educational Trust, Andy Hiles, Vice President of Plan Sponsor Insights Aetna, and Rishi Manchanda, President of HealthBegins. From the discussions we learned that “Health disparities is Americas chronic condition”

The 3 day event consisted of pre-conference workshops, breakout sessions, and poster presentations and off-site visits.

At each plenary, attendees participated in activities that solicited group table discussions invoking individual shared values, leadership buy-in and hospital-community partnerships. CVS staff helped in

“Health disparities is Americas chronic condition.”

the design and completion of the table canvases.

The 20th United States Surgeon General Jerome Adams, was the conference penultimate speaker. Dr. Adams expressed the need to forge effective and sustainable non-traditional partnerships. He expanded on this theme by expounding the origins of his personal motto, “Better health through better partnerships”.

Doctor Pritpal Tamber, CEO of Bridging Health & Community, brought the conference to a close with a compelling presentation that tied all the themes



Vital Signs Staff Participating in Interactive Table Exercises

of the past 3 days together. He spoke about the 12 essential principles to creating community agency within health, and explained the significance of building agency in partnership with leadership to affect change within those organizations responsible for providing health care. Dr. Tamber determined that when planned and implemented, the 12 principles for fostering the agency of communities to improve health will provide a platform for community members to advocate for, and define health on their own terms and facilitate action for transformative change.

The conference gave Vital Signs staff the opportunity to observe the current trends in community health, learn about innovative practices, and develop and exchange ideas to “Be the Bridge” between upstream and downstream measures and solutions as it relates to social determinants and population health.

The information and knowledge gained from the 2018 ACHI conference provided Vital Signs staff with the ability to better engage Community Vital Signs initiative partners from the healthcare and hospital systems sectors, monitor activities and track objectives from the San Bernardino County Community Transformation Plan that center around healthcare, hospital systems, and community collaboration.



MOVE TO ACTION

A key next step is for Vital Signs to move from planning to implementation through the development of action plans aimed at achieving the objectives and addressing the strategies outlined in the Community Transformation Plan

- We will continue the implementation and monitoring progress of action plans

TRACK PROGRESS

Vital Signs revisits the Community Transformation Plan on a regular basis. It also refers to the data platform to identify new and promising indicators that may help track achievement of the long- and short-term goals that make up the Community Transformation Plan.

- Further development is the enhancement of the Implementation Action Plan progress tracking tool
- We will Update Community Vital Signs Open Performance Platform

IDENTIFY QUICK WINS

Quick wins are defined as strategies that can be implemented (or are already being implemented) and can be expected to achieve some measureable outcomes in a limited amount of time of resources.

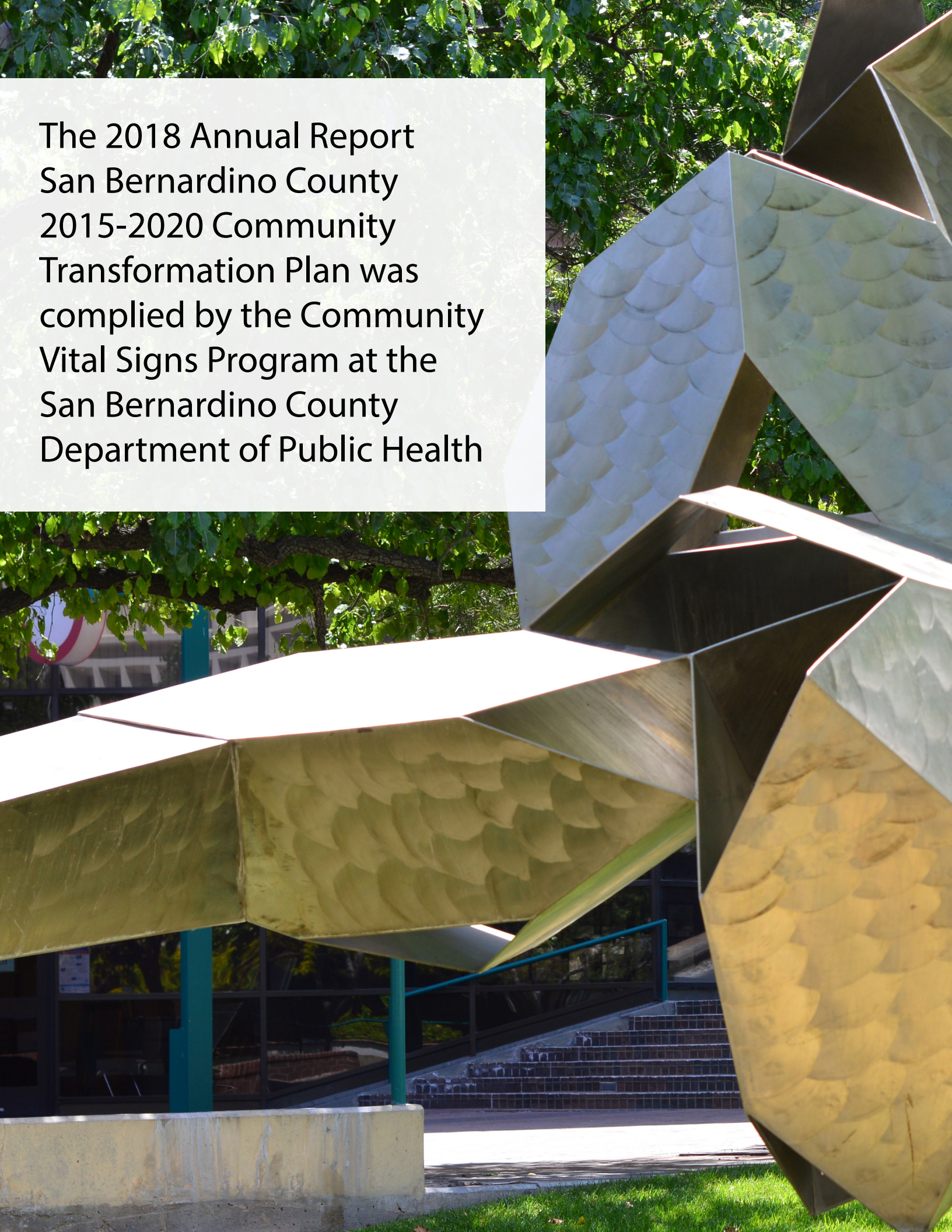
- We will continue to conduct steering and implementation Committee meetings

COMMUNICATE RESULTS

As elements of the Community Transformation Plan are implemented, it will be important for Vital Signs to communicate achievements and outcomes that occur as a result of this important work.

- Vital Signs will Prepare for 2019 Evaluation
 - Planning and Implementation
 - Strategies, goals, and action plans
- We will Conduct Community Engagement Meetings

The 2018 Annual Report
San Bernardino County
2015-2020 Community
Transformation Plan was
compiled by the Community
Vital Signs Program at the
San Bernardino County
Department of Public Health





The Rotary Club Of
San Bernardino
Dedicates This Piece
Of Artwork
Which Suggests How
A Small Group Can Come
To Know Their Community
For Better Understanding
And
Peace In The World
Rotary International



The 2018 Annual Report San Bernardino County 2015-2020 Community Transformation Plan was compiled
by the Community Vital Signs Program at the San Bernardino County Department of Public Health

