

Community Transformation Plan- 2015-2020 Goals and Objectives

Access to Health & Wellness Data Matrix

Long-Term Goals	Access to Health and Wellness Objectives	HP 2020	CTP Baseline Data	Current San Bernardino County Data	2018 Target (5% improve)	2020 Target (10% improve)	County Trend
Goal 1: Increase the percentage of residents who have a usual source of care	Increase the percentage of residents who have a usual source of care	95%	83.7% (2011)	84.8% (2019)	87.9%	92.1%	↑
	Increase the percentage of residents with health insurance coverage	100%	81% (2013)	90.9% (2019)	85.1% Target Met	89.1% Target Met	↑
	Decrease the percentage of residents who delayed or did not get medical care	4%	10.6% (2012)	14.7% (2019)	10.1%	9.5%	↑
	Decrease the percentage of the adult population ever diagnosed with diabetes	NA	11.1% (2011)	13.9% (2019)	10.5%	10.0%	↑
	Decrease the percentage of adults ever	26.9%	31.3% (2011)	29.5% (2018)	29.7% Target Met	28.2%	↓

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	diagnosed with high blood pressure ⁺						
	Decrease the percentage of adults ever diagnosed with heart disease	NA	6.3% (2012)	7.6% (2019)	6.0%	5.7%	↑
	Decrease the percentage of obese adults	26.9%	33.5% (2011)	34.1% (2019)	31.8%	30.2%	↑
	Increase the percentage of teens (12-17) who meet the CDC recommendation of 1+ hour daily physical activity	20%	19% (2009)	NA	NA	NA	<i>Indicator Under Review</i>
Goal 6: Increase the number of residents engaged in active living activities	Increase the amount of bike trails (Class I-III)*	NA	504 (2015)	504 (2015)	529	554	<i>Baseline data serves as current data until source updates data</i>

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<p>Goal 2: Increase behavioral health awareness</p> <p>Goal 3: Increase access to behavioral services</p> <p>Goal 4: Reduce the misuse and abuse of alcohol, prescription, and other drugs</p> <p>Goal 5: Decrease the prevalence and increase the management of chronic diseases ((including diabetes, obesity, and cardiovascular disease)</p>	<p>Decrease the percentage of 7th graders who reported feeling sad and hopeless every day for two weeks or more that they stopped doing some usual activities</p> <p>Increase the rate of residents accessing behavioral health services under the Department of Behavioral Health, safety net systems, Medi-Cal managed care (IEHP, Molina), and commercial insurance</p> <p>Decrease the percentage of youth (21 and under) who misused alcohol or other drugs in the past year</p> <p>Decrease the percentage of teens, age 12-17 that are overweight/obese</p>
<p>Short Term Goals</p>	<ul style="list-style-type: none"> • Teach residents to advocate for their own health • Increase the number of professionals who are trained in the county who stay in the county • Provide care coordination to residents for all needed services • Connect residents to a regular place for health care • Increase the number of people who receive timely health services • Increase coordination between behavioral health and primary care systems • Reduce behavioral health stigma • Increase the number of linguistically and culturally competent behavioral health services available in the county • Promote healthy relationships • Delay age of first time use of alcohol to legal age

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	<ul style="list-style-type: none">• Decrease prevalence of adults abusing alcohol• Prevent use of illicit drugs at all ages• Increase access to healthy food options within communities• Increase the number of residents participating in daily physical activity• Increase options for active transportation planning such as walking and biking
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Carry Over	CO
Revise	R
Promote to Long Term Goals	PLTG
Park/Hold	PH
In Grey	Not addressed in current implementation cycle