



Community Health, Themes & Strengths Priorities

Tell Us About You

The questions below ask for demographic information, such as your age, marital status, employment, and more.

Why do we ask these questions?

Your answers will help us understand the issues you have experienced and provide the County with information about where we need to find solutions to improve them.

Your answers are anonymous, and no one will know who responded.

Please know that your privacy is very important to us and will remain confidential. These questions are not mandatory; however, we ask that you please answer them if you can.

Please check the boxes below that apply to you.

How old are you?

18 - 24 25 - 34 35 - 44 45 - 54 55 - 64 65 or older

What is your gender identity?

- | | |
|---|--|
| <input type="checkbox"/> Male | <input type="checkbox"/> Transgender man |
| <input type="checkbox"/> Female | <input type="checkbox"/> Transgender woman |
| <input type="checkbox"/> Non-binary / gender non-conforming | <input type="checkbox"/> Other _____ |

What is your ethnicity?

- Hispanic or Latino
- Not Hispanic or Latino
- I don't want to answer

What is your Race?

- Alaska Native
- American Indian
- Asian
- Black or African American
- Guamanian or Chamorro
- Native Hawaiian
- Other Pacific Islander
- White

Please choose your city/region:

- Adelanto
- Apple Valley
- Barstow
- Big Bear Lake
- Chino
- Chino Hills
- Colton
- Crestline
- Fontana
- Grand Terrace
- Hesperia
- Highland
- Joshua Tree
- Lake Arrowhead
- Loma Linda
- Lucerne Valley
- Montclair
- Needles
- Ontario
- Rancho Cucamonga
- Redlands
- Rialto
- Running Springs
- San Bernardino
- Twentynine Palms
- Twentynine Palms -
- MAGTFTC/MCAGCC (Base)
- Upland
- Victorville
- Wrightwood
- Yermo
- Yucaipa
- Yucca Valley
- Other/Not Listed

How did you learn about this Shareback Meeting?

What makes a community healthy?

The questions in this section are about the health of your community.

Now that you have seen the Shareback Data presentation, please answer the following three questions by selecting three responses for each question:



Question 1.

Please review the entire list of factors below that are commonly used to define a “healthy community.” What **three things** are most important to you to **improve your health and well-being where you live?**

- Access to dental care
- Access to healthcare providers (e.g., family doctors, pediatricians)
- Access to mental health services (e.g., counselors, psychiatrists)
- Access to treatment services for substance use or misuse
- Services for children and youth with special healthcare needs
- Affordable housing
- Arts and cultural events
- Business-friendly environment
- Clean water and environment
- Fair and equitable treatment of people and groups no matter their race, gender identity, age, or sexual orientation
- Good jobs and a healthy economy
- Healthy food and grocery stores nearby
- Low crime and safe neighborhoods
- Low rates of death and disease
- Low rates of infant deaths
- Low levels of violence within the home, including child abuse and intimate partner violence
- Parks and recreation
- Reliable transportation
- Religious or spiritual support
- Safe, stable, and nurturing relationships within the family and community
- Social support and connections
- I don't understand this question

Question 2.

Please review the entire list of factors below that are commonly used to define an “unhealthy community.” What **three things** do you think are the **most damaging to the health of your community?**

- Bullying (in-person and on-line)
- Cancer (all types)
- Car accidents related to driver behaviors (texting/aggressive, distracted, or impaired driving)
- Chronic health issues like Diabetes, heart disease, and high blood pressure
- Community violence (i.e., gang violence, homicide)
- Drugs, including alcohol
- Environmental problems (e.g., air and water pollution, excessive heat, etc.)
- Firearm-related injuries
- HIV & AIDS
- Homelessness
- Infant Death, child abuse and neglect
- Infectious Diseases (Hepatitis, TB, etc.)
- Intimate partner violence/
 Domestic violence
- Lack of healthy food and grocery stores
- Mental health problems
- No affordable dental care
- No reliable internet services
- No specialty medical care (genetics, pediatric neurology, psychiatry, developmental-behavioral, gynecology, etc.)
- Overuse or inappropriate use of technology (e.g. too much screen time, social media)
- Rape and sexual assault
- Risk of future pandemics
- Sex trafficking and human trafficking
- Sexually Transmitted Diseases & Infections
- Social isolation
- Suicide
- Teenage pregnancy
- Unaddressed problems related to aging (e.g., hearing/vision loss, limited mobility, memory & cognitive issues, etc.)
- Unemployment or low-paying jobs
- Unintentional injuries (i.e., car accidents, drowning)
- Vaccine-preventable diseases (i.e., polio, measles, COVID)
- I don't understand this question

Question 3.

Please review the entire list of factors below that are commonly used to define an “unhealthy behavior.” What **three things** do you think are the **most damaging to the health of people in your community?**

- Alcohol misuse or abuse
- Being overweight
- Bullying and/or cyberbullying
- Dropping out of school
- Lack of exercise
- Marijuana misuse or abuse
- Methamphetamine or other Stimulants misuse or abuse
- Not following public health recommendations for community safety (wearing masks, getting vaccinated, etc.)
- Not getting prenatal and/or maternity care
- Not getting regular health screenings (i.e., yearly check-ups, breast exams, gynecological exams, colonoscopies, etc.)
- Not getting vaccinated (childhood vaccines, Influenza, COVID-19, etc.)
- Not using seat belts and/or child safety seats
- Opioid misuse or abuse (including Fentanyl or other synthetic opioids)
- Untreated mental illnesses (bipolar disorder, schizophrenia, etc.)
- Poor eating habits (i.e., regularly eating fast food, not eating fresh fruit or vegetables, etc.)
- Sugary drinks
- Tobacco use
- Unfair treatment because of gender or gender identity
- Unfair treatment because of race and ethnicity
- Unfair treatment because of sexual orientation
- Unsafe driving behaviors (aggressive, distracted, impaired, texting)
- Unsafe sex
- Unsecured firearms
- Untreated Anxiety
- Untreated Depression
- Vaping
- I don't understand this question