

Vision: San Bernardino County is a vibrant, physically and economically healthy county.

Health Improvement Priority Areas
Behavioral Health, Injury and Violence, Chronic Disease

Goals

- **Increase** the number of people in the San Bernardino County reporting more days of mental wellbeing per month.
- **Reduce** the misuse of alcohol, prescription, and other drugs in San Bernardino County.
- **Reduce** the incidence of injuries resulting in hospitalization and death in the county.
- **Reduce** the incidence of assault, including sexual assault, in the county.
- **Increase** the percentage of residents who have and regularly access preventive healthcare services.
- **Reduce** the prevalence of chronic diseases including diabetes, chronic respiratory disease, and coronary heart disease.
- **Increase** access to affordable, timely, quality, and culturally responsive healthcare that covers needs across the lifespan.

Cross Cutting Strategies



- 1)** Support schools in San Bernardino County to identify and implement evidence based, trauma informed, restorative practices.
Tactic: Implement of trauma informed team-based crisis response in schools that includes School Resource Officers.
Tactic: Identify and implement mental health training in middle and high schools for students, teachers, school personnel and parents/caretakers.



- 2)** Increase coordination of behavioral health and primary care.



- 3)** Ensure a strong start for children through early childhood home visitation, high quality childcare and family engagement.



- 4)** Work with providers to expand and promote evening and weekend access to in-person and telehealth services.



- 5)** Increase access to health care coverage, particularly for disparate communities.



- 6)** Improve planning and zoning policies that support healthy built environments and reduces adverse impacts on community health.



7) Utilize school-based health or wellness centers (mobile or physical clinics) as an access point for increasing access to mental health and substance use screening, treatment and referral services and oral health screenings.



8) Partner with institutions of higher learning, K-12 schools, and employers in San Bernardino County to develop a more equitable and responsive health workforce, including the behavioral health workforce, and support economic vitality in the region.



9) Expand and promote the Safe Routes to School program to ensure students have a safe environment to and from school.

Behavioral Health



10) Expand efforts to address substance use disorders and opioid use disorders in the county by increasing access to medication assisted treatment and harm reduction tactics in the county.
Tactic: Explore opportunities to develop or support policies to reduce substance use or overdose.



11) Explore options for non-law enforcement, community-based responses to behavioral health crisis in the county.

Injury and Violence





12) Support programs to prevent sexual and dating violence, e.g., teaching teens and young adults about healthy relationships, sex education.





13) Support policies and programs to increase the safe storage practices for firearms in San Bernadino County (i.e., CALM, distribution of gun safes, trigger locks).


Chronic Disease


 **14)** Work with providers to expand and promote evening and weekend access to in-person and telehealth services.

 **15)** Identify and implement health promotion policies in San Bernardino County schools (i.e., policies that support healthy eating and physical activity).

 Education

 Economy

 Access to Health and Wellness

 Safety