



Implementation Committee Meeting Welcome!

August 19, 2025

**8265 Aspen Ave., Rancho Cucamonga, CA 91730
San Bernardino County Superintendent of Schools
West End Educational Service Center**

Implementation Committee

Co-chairs

Dr. Rishi Parikh

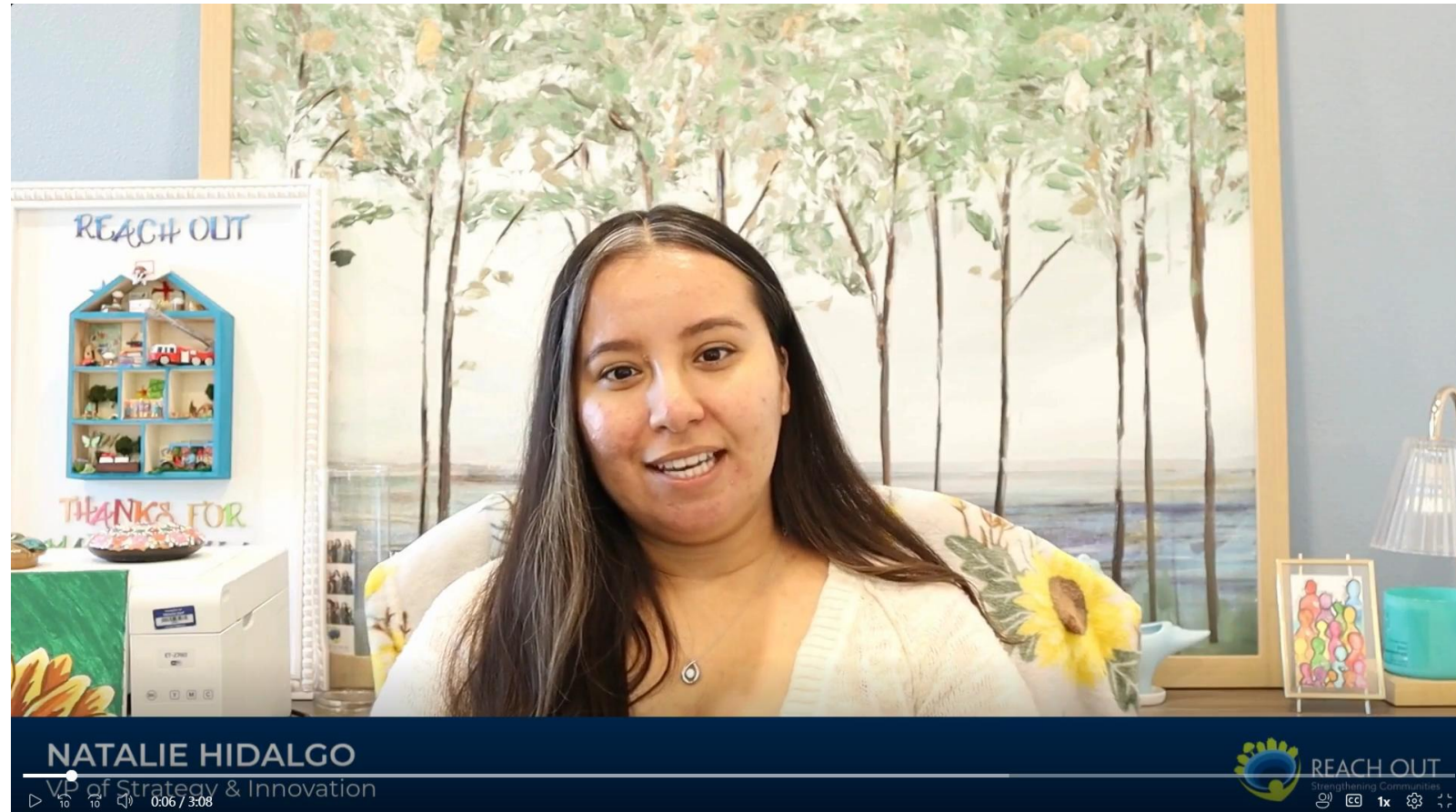
Associate Medical Director – Children Services
San Bernardino County Department of
Behavioral Health

Natalie Hidalgo (Rocha)

Vice President of Strategy and Innovation
Reach Out



A Message From Our Co-chairs



A decorative graphic on the left side of the slide. It features a cluster of approximately 12 speech bubbles in various colors (purple, blue, teal, orange, green, pink, light blue, and red) arranged in a roughly circular pattern. Below the speech bubbles are two stylized human silhouettes, one in dark teal and one in light teal, facing each other as if in conversation. The background of the entire slide is split: the left half is white with a subtle texture, and the right half is a solid orange color.

Introductions

Your Name and Organization

Introduce yourself to 2-3 people in the room

Rooted in Purpose, Leading with Passion: A Trailblazer's Welcome

Dr. Juan Carlos Belliard
Steering Committee Member



Leading Community Health Transformation



During Today's Meeting:

- **Update** on the implementation of the Community Transformation Plan
 - Progress and highlights since its launch – June 2024
- **Share** collective action being led by the commitment of key Stakeholders
- **Learn** about the upcoming Vital Signs Community Forums
 - Assess partner's ability to participate and host a Community Forum

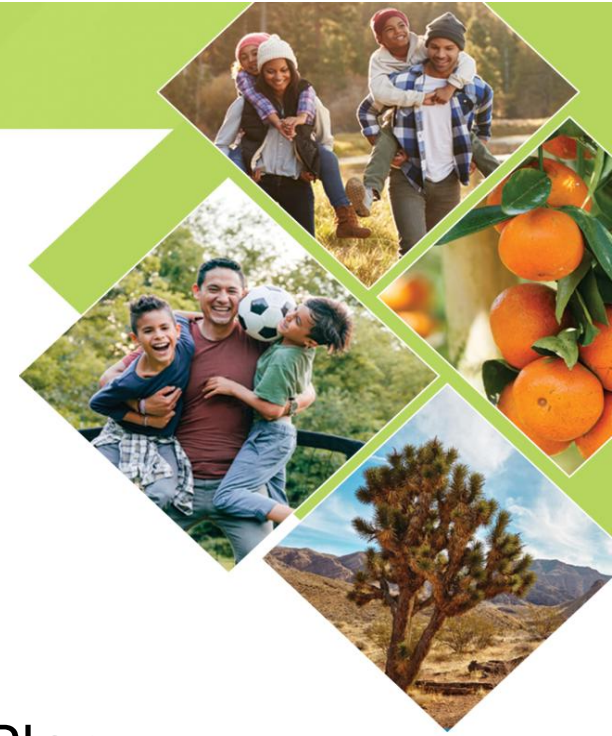
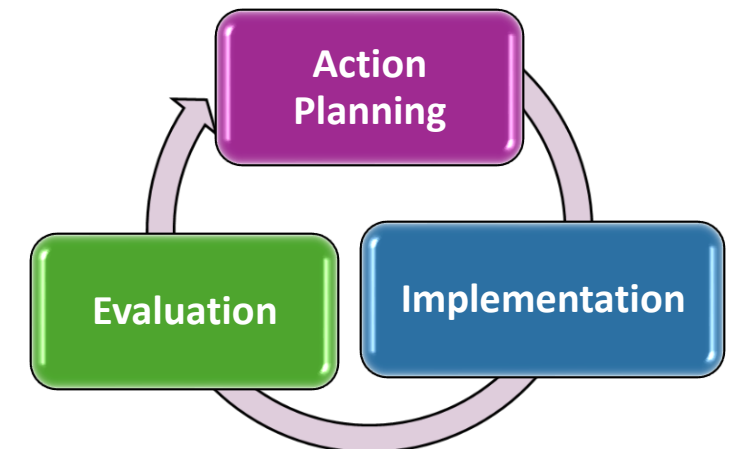


Vital Signs Implementation Committee

Mobilizing Action towards Shared Goals!

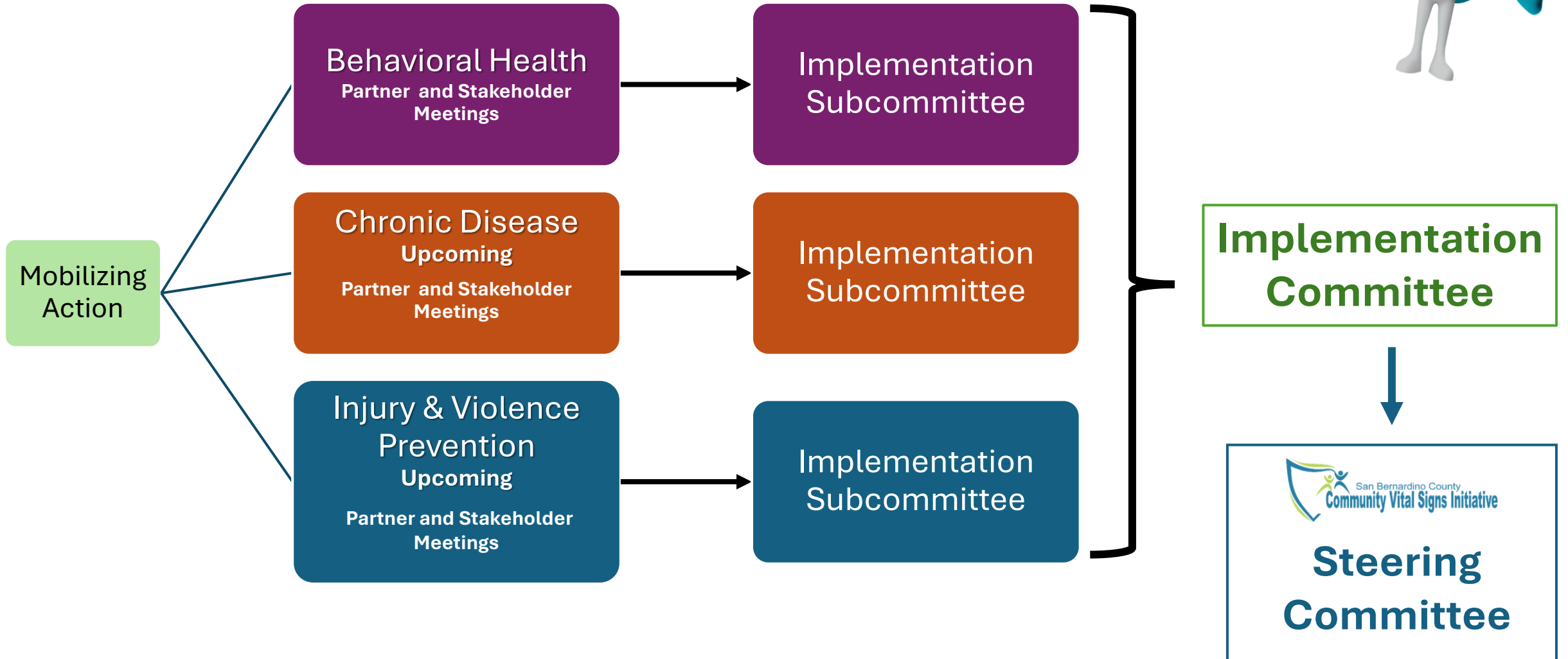
Committee's Role

- **Engage** in Population Health framework led by the Community!
- **Oversee** implementation of the SBC Community Transformation Plan
- **Identify and align** work to mutually reinforce activities
- **Develop** an Action Plan and measurable objectives
- **Establish** accountability and shared ownership



Leading Shared Commitment

Priority Area Sub-Committees



San Bernardino County Community Transformation Plan



Behavioral Health

Goal

Improve Mental Health
and Decrease Substance
Misuse in SBC

Chronic Disease

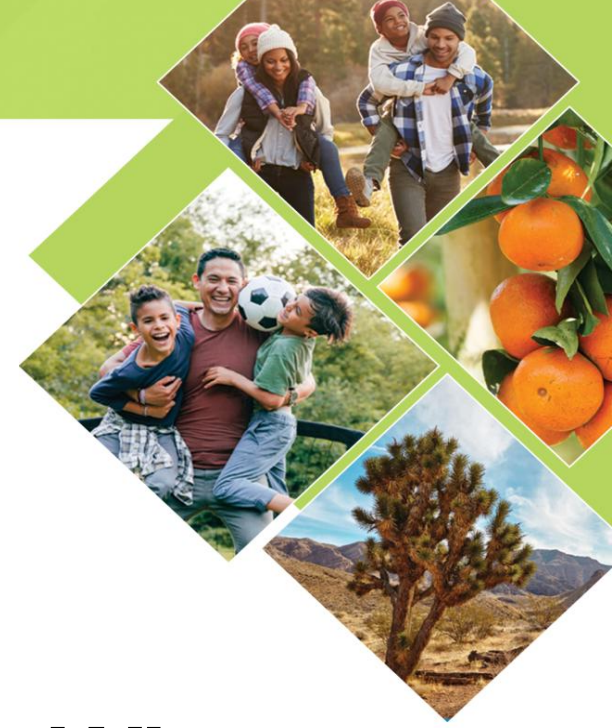
Goal

Decrease morbidity &
mortality rates for
chronic diseases in SBC

Injury/Violence Prevention

Goal

Decrease incidences of
violence in SBC



Celebrating Our Progress & Collective Wins

Our Vital Signs Changemakers



- Autism Heroes
- Azusa Pacific University
- Cedar House Life Change Center
- Child Care Resource Center
- Clay Counseling Foundation
- El Sol
- First 5
- Greater Ontario Business Council
- Hospital Association of Southern California
- IEHP
- Institute for Public Strategies
- Morongo Basin Healthcare District
- Reach out
- Rescue Mission Alliance
- San Bernardino County Department of Behavioral Health
- San Bernardino County Department of Public Health
- San Bernardino County Superintendent of Schools
- San Bernardino County Transportation Authority
- San Manuel Band of Mission Indians
- Young Visionary Leadership Academy

Changemaker Highlights

Behavioral Health



Goal: Improve mental health & reduce substance misuse

Strategy: Expand access to MAT and harm reduction tactics

Narcan Distribution Project

- Distributed 3,000+ Narcan kits since 2023
- 1,339 kits at 60+ events in 2024

Partners: schools, law enforcement, housing, reentry, healthcare

- Provides free naloxone + overdose prevention education
- Reduces fatalities & increases community readiness

Changemaker Highlights

Injury and Violence Prevention



Goal: Reduce unintentional injury & violence

Strategy: Expand Safe Routes to School (SRTS)

San Bernardino County Safe Route To School (SBC SRTS) Program

- Partners: Public Health, Transportation Authority, Schools, ALTA
- Activities: Stakeholder input, resource alignment, project implementation
 - Walk Audits** to identify barriers for walking/biking
 - Integrated SRTS plans into multiple cities
 - Improves safety & accessibility for students and caregivers

Changemaker Highlights

Chronic Disease



Goal: Reduce chronic disease morbidity & mortality

Strategy: Promote school-based healthy eating & physical activity policies

El Sol Program

- Reached **1,500+ community members**
- Six-session nutrition & activity education series
- Focus: Healthy eating, tailored physical activity, family engagement
- Empowers families with tools for lasting lifestyle change

Building a Culture of Collaboration

Key Stakeholders Leading Strategic Action

Behavioral Health



Behavioral Health Strategy Champions

BH Strategy 1.

Increase both the number of School-Based Health Centers (mobile and physical sites) and Student Wellness Centers and **increase utilization as an access point** for mental health services, substance-use screening/treatment, and basic needs referral services.

Strategy Champion: SBC Superintendent of Schools

James Soward, Program Manager

Marwa Ahmad, Community Health System Specialist





Key Stakeholder Leading Strategic Action

Health Priority: **Behavioral Health**



Purpose of Subcommittee Meeting

Engage partner in a coordination effort to align existing initiative and explore opportunities to expand use of the school-based health and wellness centers as access points for behavioral and mental health services.

Short Term Goal: Establishing a clear definition of school-based health and wellness centers, creating a countywide glossary of terms to enhance accessibility and promote a shared understanding, and assessing and mapping services across SBC.

Collaborators

- Clay Counseling Foundation
- El Sol
- First 5
- IEHP
- Reach Out
- SBCDPH
- SBCSS
- Young Visionaries

Our Progress Thus Far

- Established leadership commitment
 - Led the first core group on May 6
 - Held monthly meetings since then.
- Established a common definition of “school-based health and wellness centers” regionally to ensure consistent language.
- Currently exploring development of a countywide glossary to promote shared understanding across partners.



Our Next Steps



Next meeting – Wednesday, August 27, 2025



Continue exploring the goal of developing a countywide glossary



Identify best practices



Collect terms to include in the glossary

Behavioral Health Strategy Champions

Behavioral Health -Strategy 4

Partner with institutions of higher learning, K-12 schools, and SBC employers to develop a more equitable and responsive health workforce, including the behavioral health workforce, and support economic vitality in SBC.

Strategy Champions:

- SBC Superintendent of Schools
Shehzad Bhojani, Program Manager
- Kaiser Permanente, San Bernardino County Area
Martha Valencia, Community Health Manager



Key Stakeholder Leading Strategic Action

Health Priority: **Behavioral Health**



Purpose of Healthcare and Behavioral health Career Pathways Convening

Build partnership to strengthen healthcare and behavioral health career pathways for youth across SBC. Align with Behavioral Health's Strategy 4, within the Community Transformation Plan, which partners with K-12, higher education, and employers to build a responsive healthcare workforce and support regional economic vitality.

Goals: Understand the landscape of early career education and training programs for elementary, middle, and high school students offered directly by hospitals, health plans, medical schools in the healthcare sector to address the workforce shortage.

Collaborators

- Arrowhead Regional Medical Center (ARMC)
- California University of Science and Medicine
- IEHP
- Kaiser Permanente
- Loma Linda University Health
- Molina Healthcare
- Providence (St. Mary's Medical Center)
- San Antonio Regional Hospital
- Western University of Health Sciences





Our Progress Thus Far

- Shehzad and Martha led strategic planning of the July 1st convening.
- Included: Regional hospitals, health plans, and medical schools.
- Focus was to understand the current landscape –what program existed and have a dialogue.
- Discussion of program delivery, capacity, reach, challenges, gaps, and opportunities.
- Gallery walk was conducted to gather the information on the various training programs, locations, types of services, etc.

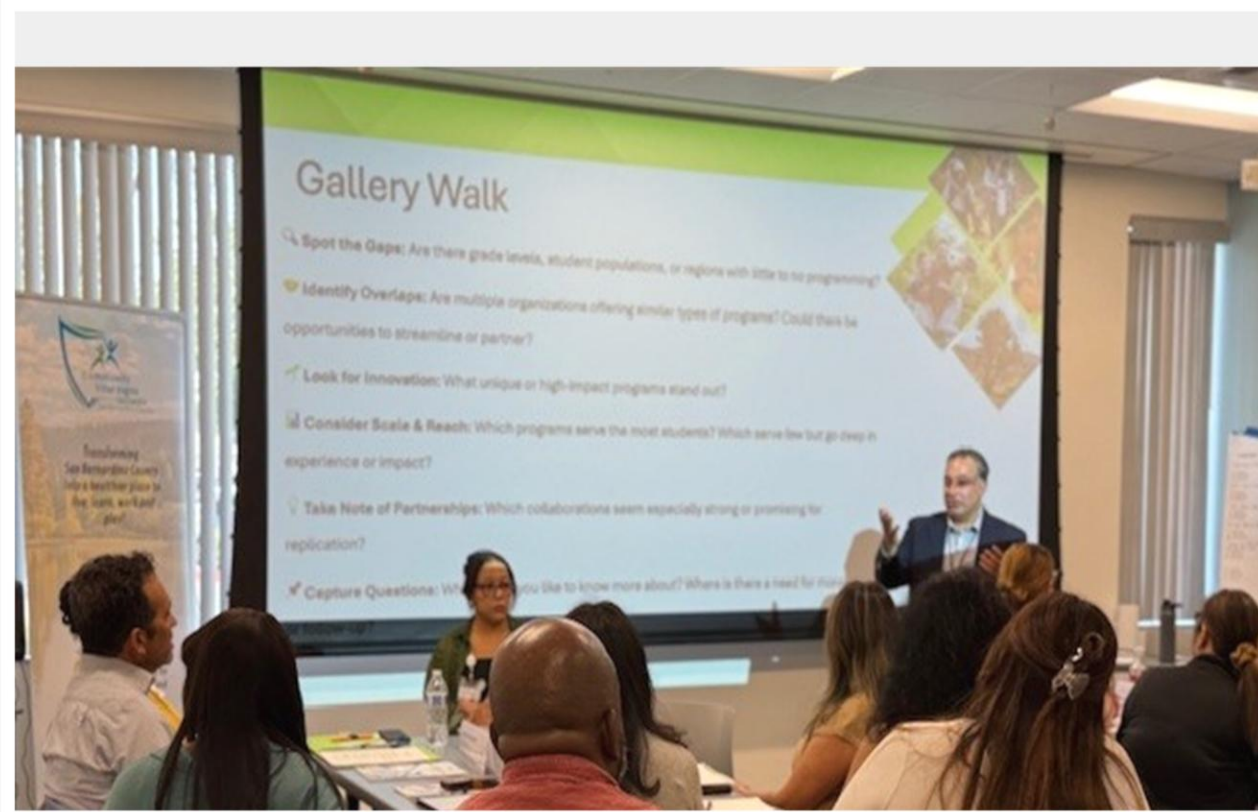


Gallery Walk Exercise

Preliminary Findings

Organization: California

Program Name	Focus	Type	Frequency
General Healthcare Careers Physicians (MDs, DOs) Nurses Mental Health (MFTs, SW, POC) Other: <u>Healthcare</u>	General Healthcare Careers Physicians (MDs, DOs) Nurses Mental Health (MFTs, SW, POC) Other: <u>Healthcare</u>	Guest Speaker/Panel Field Trip Hands on Experience Virtual Experience Skill Development Job Shadowing Certifications	<input type="checkbox"/> Once a year <input type="checkbox"/> Twice a year <input type="checkbox"/> Quarterly <input type="checkbox"/> Monthly
Elementary Middle School High School	Elementary Middle School High School	Elementary Middle School High School	Elementary Middle School High School
General Healthcare Careers Physicians (MDs, DOs) Nurses Mental Health (MFTs, SW, POC) Other: <u>Healthcare</u>	General Healthcare Careers Physicians (MDs, DOs) Nurses Mental Health (MFTs, SW, POC) Other: <u>Healthcare</u>	Guest Speaker/Panel Field Trip Hands on Experience Virtual Experience Skill Development Job Shadowing Certifications	<input type="checkbox"/> Once a year <input type="checkbox"/> Twice a year <input type="checkbox"/> Quarterly <input type="checkbox"/> Monthly
Elementary Middle School High School	Elementary Middle School High School	Elementary Middle School High School	Elementary Middle School High School
General Healthcare Careers Physicians (MDs, DOs) Nurses Mental Health (MFTs, SW, POC) Other: <u>Healthcare</u>	General Healthcare Careers Physicians (MDs, DOs) Nurses Mental Health (MFTs, SW, POC) Other: <u>Healthcare</u>	Guest Speaker/Panel Field Trip Hands on Experience Virtual Experience Skill Development Job Shadowing Certifications	<input type="checkbox"/> Once a year <input type="checkbox"/> Twice a year <input type="checkbox"/> Quarterly <input type="checkbox"/> Monthly
Elementary Middle School High School	Elementary Middle School High School	Elementary Middle School High School	Elementary Middle School High School



Collaborators Who Completed the Form

- ARMC
- California University of Science and Medicine
- IEHP
- Kaiser Permanente
- San Antonio Regional Hospital
- Loma Linda University Health
- Molina Healthcare
- Providence (St. Mary's Medical Center)
- Western University of Health Sciences



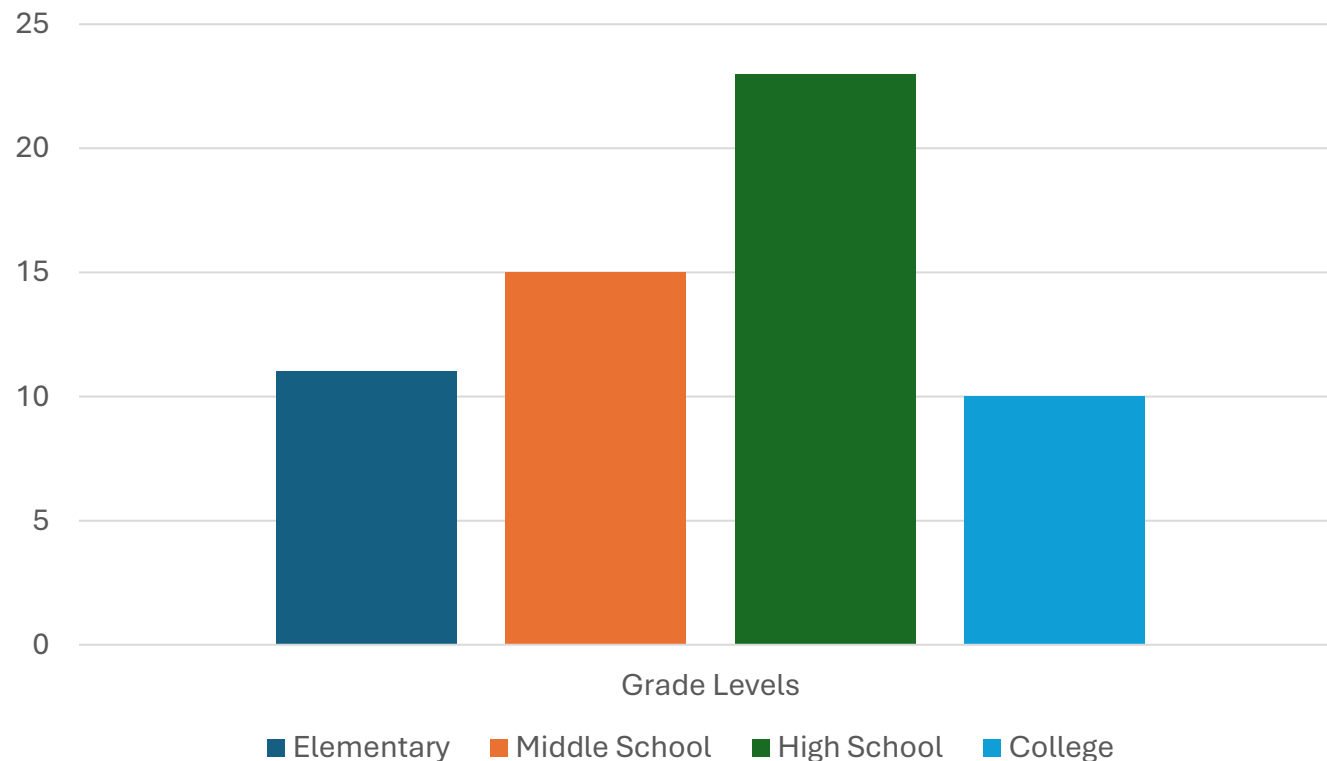
Link to Survey: <https://arcg.is/11W5CX0>



BH Strategy 4: Results

Question: What academic levels do your trainings focus on?

Hospitals, health plans, medical schools offer more training programs for HS students

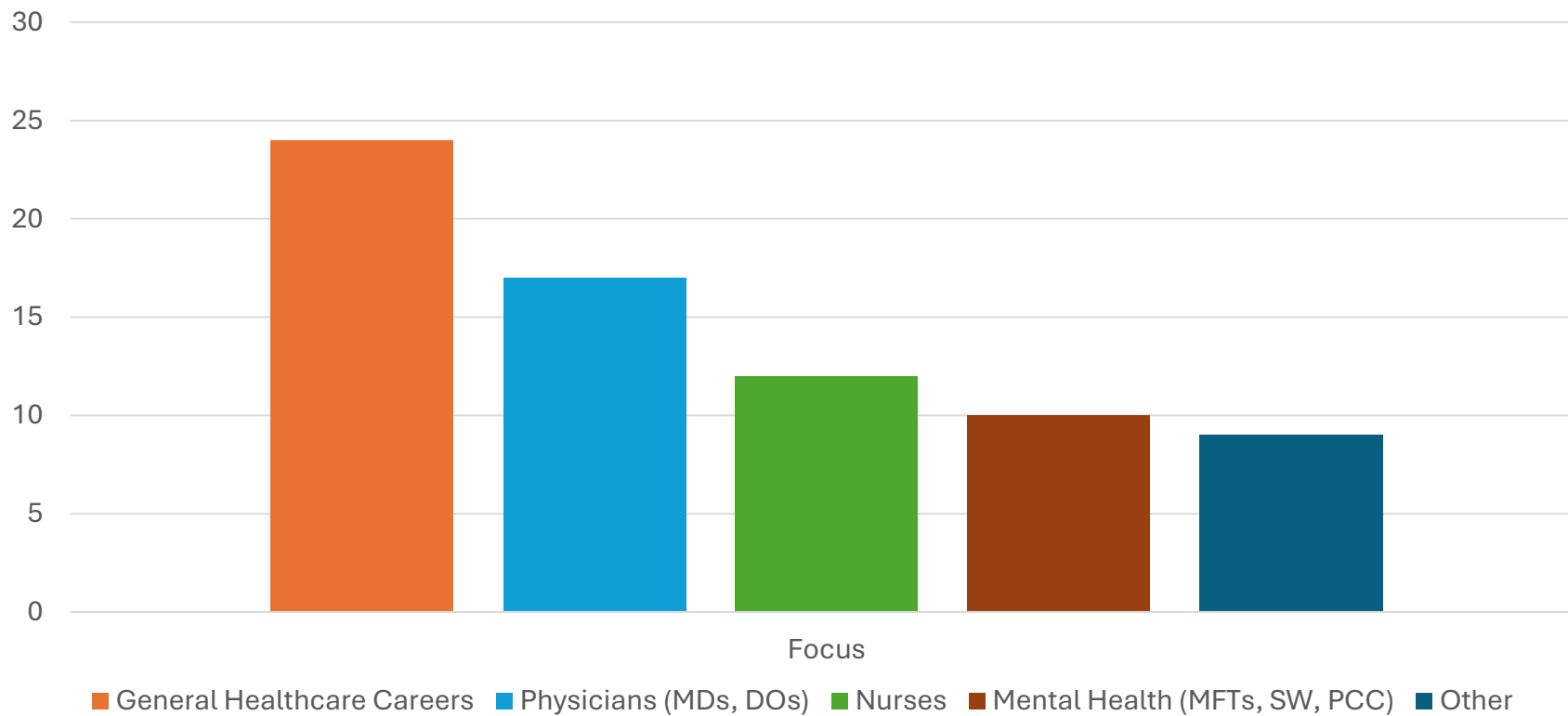


Overall percentage of programs available to students by academic level:

- 63.2% High School
- 42.1% Middle School
- 31.6% Elementary
- 26.3% College

BH Strategy 4: Results

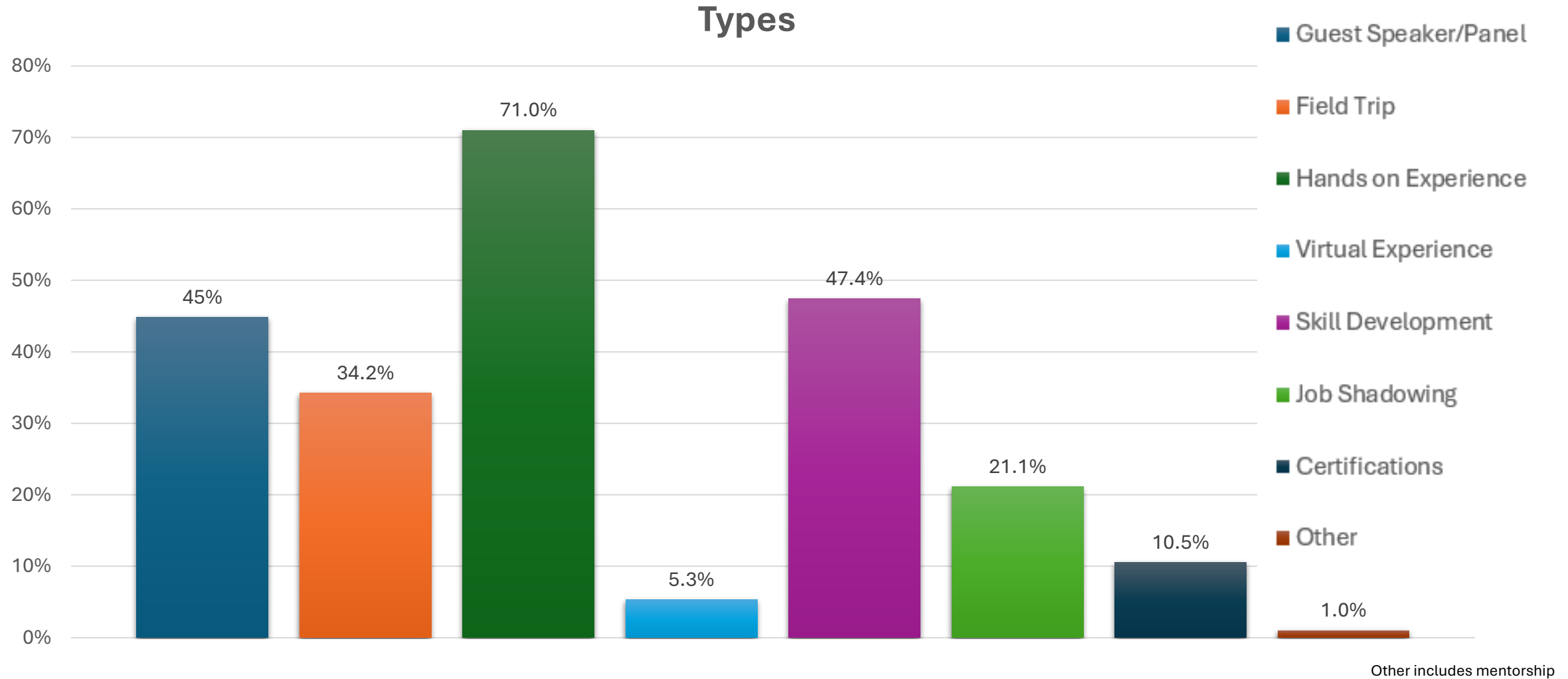
Question: What is the focus of your training occupation program?



Other includes Dental, Veterinary, Pharmacy, etc.

BH Strategy 4: Results

Question: What types of programs do you offer? (*Job shadowing, guest speaker, etc.*)



BH Strategy 4: Results

What is your program's student capacity?

How many can be accommodated?

Capacity ranged on program offered.



What is the frequency of the program offered?

47.4% of organizations offered their programs once a year.

Our Next Steps



Hear from remaining hospitals, health plans, graduate schools, etc.



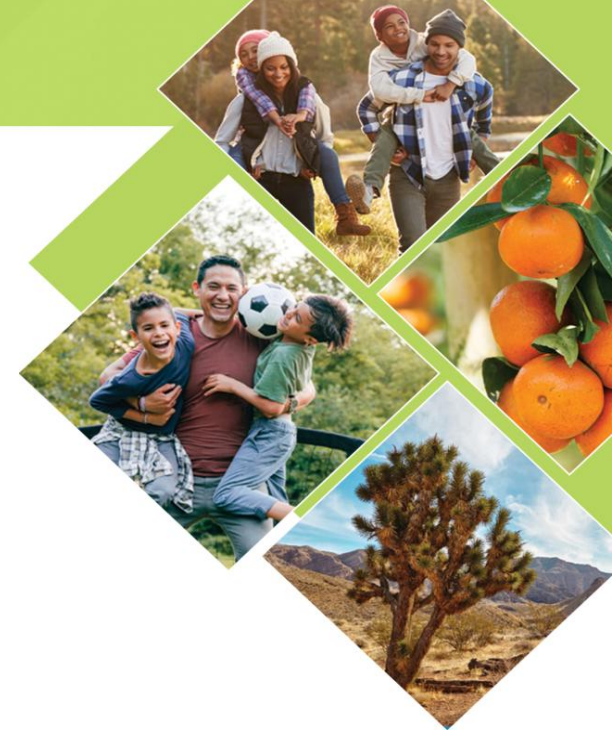
- Hold similar convenings and with other partners
- Gather information from other CBO sectors contributing and offering training programs to elementary and high school students
- To bring Health Professions Pathways and coalition leads
- Develop a resource map based on information collected

10 Minute Break



Checking Our Community's Pulse:

Revisiting Our Communities' Experience



San Bernardino County Community Transformation Plan



Behavioral Health

Goal

Improve Mental Health
and Decrease
Substance Misuse in
SBC

Chronic Disease

Goal

Decrease morbidity &
mortality rates for
chronic diseases in SBC

Injury/Violence Prevention

Goal

Decrease incidences of
violence in SBC

Vital Signs Community Forum

Goal: Engage special populations across SBC through to promote transparency, encourage participation, and gather personal experience on the impact of the health issues on their lives and communities' health.

**10 Community Forum Meetings
November 2025 – May 2026**

Community Forum

These community forums are a vital part of SBC's broader community health improvement efforts to achieve the following objectives:

- ❖ **Share Progress** – Provide updates on how community feedback informed health priorities and actions.
- ❖ **Rebuild Connections** – Reengage with residents to understand how their experience with their health issues may have changed or deepened since the last 2023 community health assessment.
- ❖ **Explore Root Causes** – Facilitate in-depth discussions on selected health issues to understand better and uncover underlying factors, root causes, and the lived experiences of impacted communities.
- ❖ **Inform Future Planning** – Gather community insight to guide upcoming planning efforts and ensure strategies remain responsive to current needs, and identify emergent health issues.

Community Forum

How Partners Can Participate

Use the QR Code or follow the link here: bit.ly/VitalSignsPartnerInterest



Mark Your Calendars!

Next Meeting – December 9, 2025

2026 Quarterly Meeting Dates - On the 2nd Tuesday of the month

Meeting Dates:

- March 10th
- June 9th
- September 8th
- December 8th





Thank You Partners!

We deeply appreciate your continued commitment, collaboration, and partnership in advancing the Community Transformation Plan. Together, we are driving meaningful change and building a culture of health!